



## Did you know?

“A cow gives enough milk to make 2 gallons of ice cream per day? It takes 3 gallons of milk to make 1 gallon of ice cream. Another fun fact– 9% of the milk produced by cows is used to make ice cream! “

For more fun facts about ice cream, [CLICK HERE](#).

To see some of our #GSCBatHome Activities in ACTION, follow our TIKTOK page @GirlScoutsCB



## What You'll Need:

- Frozen Blueberries
- Milk– any kind! Soy, Oat, Regular! Whatever your preference is!
- Optional Toppings: Chocolate Chips :)

## Instructions:

1. Place your blueberry container in the freezer so your blueberries freeze over night. You can also use packaged blueberries that are found in the freezer section of your grocery store.
2. Once your blueberries are frozen, por them into your bowl.
3. Pour your cold milk on top of your blueberries.
4. Stir, and watch as the milk becomes solid like ice-cream!
5. Dig in and enjoy!
6. Use our recipe cards below to make your own delicious creations. Don't forget to tag us on social media with #GSCBatHome!

# My Own Recipe



What food will you be making? \_\_\_\_\_

What ingredients do I need?

What will your food look like?

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What are the steps to making your recipe?

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