Edible Campfires

Did you know?
While campfire building should always be done in an established campfire ring we can always practice at home!

Fire Safety Rules:
- Remember a fire is a tool, not a toy.
- All hair should be tied back and out of your face.
- Never rough house or run around a fire circle.
- Always have a bucket of water and a rake near by.
- Keep your fire circle clear of debris to minimize the danger of it spreading.
- Always keep one foot outside the fire circle.
- Don’t leave a fire unattended.
- Always have an adult with you when making a fire.

What a camp fire needs:
A fire is made of three things—Fuel (wood to burn), Heat (a match to start the fire) and Oxygen (air to help fuel the fire). All three parts are needed to create fire and maintain it- this also means if you remove one of these the fire will go out!

 shortest — the very small pieces that start and feed the flame. There are tiny pieces, and you should collect one bundle you can wrap your hands around.

Tinder— the medium sized pieces that give off heat. These sticks should be as thick as your thumb and you should collect one bundle that you can wrap your arms around.

Fuel—the large logs that stay burning for a long time. These pieces of wood should be as thick as your wrist, and you should collect three bundles you can wrap your arms around.
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What you need:

- A Safety Circle– Paper Plate
- A Bucket of water– Cup of juice
- A Rake– fork
- Fire Ring– mini-marshmallows, jelly beans, M&Ms or cheerios
- Tinder– shredded cheese, cotton candy fibers or shredded chocolate
- Kindling– Pretzel sticks or potato sticks
- Logs– Pretzel Rods, Kit Kats, Pirouline Cookies, or long Tootsie Rolls
- Fire– Candy Corn, Red Licorice, or Cheetos

Steps:

1. Lay out your safety circle. Check to make sure its free a trash, leaves and sticks.
2. Make your first ring inside your safety circle. The fire ring is very important because it stops the first from spreading outside where you build it.
3. Check to make sure you have a rake and bucket of water near by!
4. Make an A or V frame of logs our of your pretzel logs. (Pro tip: Have the open end facing away from the wind)
5. Make a teepee of tinder in the center of your logs in the point.
6. Add kindling on top of the pile. Be sure to leave room for the air to flow!
7. Add logs in a teepee shape over the tinder and kindling. These logs are what makes your fire last a long time!
8. Light the tinder with a match to start the flames. The tinder will light the kindling and logs on fire.

When the logs start to burn down, you can place a few additional logs on to of your fire. Roast your marshmallows and enjoy! With a fire outside, you would rake the coals and ashes to stir it up, using a small amount of water to work it over until the ashes are no longer giving off heat.