

Volunteer Resources for Virtual Meetings

Vol. 8 May-June 2021

Dear Girl Scout Volunteer,

Virtual Meetings are the new frontier to encourage, support and engage girls in being leaders in their own lives. Although troop meetings are traditionally in-person format, we are quickly learning the power of having virtual learning and engagement opportunities at our fingertips. Imagine having your Girl Scout troop do a Zoom chat with a Zoo Keeper in Australia or a Girl Guiding Troop in the UK...Even if we don't travel, we can still meet new people and learn new things!



Why is it important to keep girls engaged with Girl Scouts, even when we can't be together? When in-person meetings are not possible, virtual meetings facilitate a sense of belonging, which is foundational to the Girl Scout Leadership Experience. Girls are asking for virtual meetings to maintain social connections, complete badge activities, and plan other Girl Scout activities like service projects. Girls who don't have access to troop or group meetings, either virtually or in-person, generally don't remain engaged with Girl Scouts. That means they miss out on the leadership opportunities every girl deserves. Creating an all-girl, safe environment with supportive adult mentors sets the stage for mutual encouragement, sisterhood, and continued girl leadership during a time when girls need support, belonging, and a way to make their world a better place. This matters regardless of societal circumstances.

Use this guide to help you plan your virtual meetings with confidence.

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Facing Our Fears

Girl Scout Volunteers are adaptable, creative and resourceful. That's why we know YOU CAN DO THIS! Virtual meetings may seem daunting, but start with what you know: Opening with the Girl Scout Promise and Law can be done *in person* and *online*. Other things appear not to translate to the online environment, but don't count them out! With creativity and some modification, you can virtualize more than you expect.

In-Person Meeting Activity	Virtualized
Snack	Girls bring their favorite healthy snack and share why they like it best. Everyone enjoys snack time together.
Play games & move around	Use movement to direct girls whenever you can. For example, "If you like pizza with pineapple on it, wave your hands in the air like you just don't care!"
Have Small Group Conversations	If your web meeting platform has breakout room capability, like Zoom, you can push girls into small breakout rooms in groups of 3 or 4 to discuss a topic. You can set a timer on the session and they will automatically be brought back to the main session when time is up.
Friendship Circle/Squeeze	Instead of holding hands to pass the squeeze, girls hold up their hand and make a squeezing gesture, or wink, and call out another girls name to pass the friendship energy forward.

Adapting Badge Requirements

Simple substitutions to activities and the meeting format will allow you to achieve the goal of the badge or journey in a virtual space. You can adapt or substitute any activity to fit within your desired level of technology. Check out the example below for the **Brownie Painting Badge**:

	In-Person	Hybrid	Virtual
Step 1: Get Inspired	Go to an art museum as a troop.	Have the girls find a piece of art they like and then start your meeting by having the girls share what they like about it.	Take the girls on a virtual tour of an art museum.
Step 2: Paint the Real World	Girls paint landscapes during an in-person meeting.	Girls paint landscapes before the meeting then share their work in a virtual art show.	Leader describes a picture of a landscape and the girls try to reproduce it at home just following directions.
Step 3: Paint a Mood	Girls paint a picture representing a mood during an in-person meeting.	Girls paint a picture representing a mood before the meeting and share their work in a virtual art show.	Leader shows pictures of different artwork and the girls try to guess the mood.
Step 4: Paint Without Brushes	Leader provides girls with various items to use instead of paintbrushes during an in-person meeting.	Girls are assigned to paint something using an item found indoors before the meeting. They share during a virtual meeting and troop tries to guess what object they used.	Girls share the object they chose with the troop during a virtual meeting. The troop will watch as the girl paints with the object to see how it works as an art tool.
Step 5: Paint a Mural	Girls paint a mural together during an in-person troop meeting.	Girls are tasked with coming up with an idea for a mural before the meeting. They will share their design and the troop will decide on an element from each to make into a group mural that the leader, another volunteer, or a guest artist will draw.	Girls are tasked with coming up with an idea for a mural before the meeting. Each shares their design and the troop decides on an element from each to make into a group mural that the leader, another volunteer, or a guest artist will draw.

Avoiding Screen Fatigue

Now more than ever, people are experiencing “screen fatigue”. We want to make sure Girl Scouts is a place for our members to have fun, safe and healthy interactions. Keeping that in mind, it’s important to note that meeting virtually does not always have to mean sitting in front of your screen for long chunks of time.

- Movement Helps Keep Girls Engaged
 - ▶ Getting girls out of their chairs and moving around, doing something other than sitting, gives their ears and eyes a break, plus gives hands something to do.
- Mix up your meeting with opportunities to “unplug”
 - ▶ Prompt girls to go outside for a short period for inspiration, to find an object, etc.
 - ▶ Instruct girls to complete an activity elsewhere (at the kitchen table, outdoors, etc.)



Working with Girls at Their Level

Program Level	Recommended Meeting Length	Parent/ Caregiver Involvement	Tips for Engagement
Daisy (K-1)	30 minutes	Caregiver involvement in offline activities & attendance during the meetings is required.	<ul style="list-style-type: none"> ● Let the girls talk about themselves & relate topics to their lives ● Play games as much as possible & use reflection questions ● Explain everything clearly. Read instructions aloud. Use drawings and do not expect girls to utilize chat function. ● Whenever possible allow girls to choose activities, songs, colors, etc.
Brownie (2-3)	45 minutes	Caregiver involvement in offline activities and attendance during the meeting is strongly recommended or required, as needed.	<ul style="list-style-type: none"> ● Ask girls to share their feelings ● Have open conversations about decisions and conclusions that have been made ● Attempt more complex crafts or engineering activities where assembly is required ● Read instructions aloud to the group but feel free to leave text on screen for girls to refer back to
Junior (4-5)	45 - 60 minutes	Caregiver involvement in offline activities recommended, with assistance to get set up and started during meetings if needed.	<ul style="list-style-type: none"> ● Let girls make choices about what they want to do (games, songs, colors, badges, etc.) ● When decisions need to be made, have open conversations about conclusions, explore other alternatives, or revisit previous decisions. ● Summarize instructions verbally and put complete text on screen for girls to refer to. Girls may use chat function for communication. ● Delegate portions of the meeting for girls to lead.

Program Level	Recommended Meeting Length	Parent/ Caregiver Involvement	Tips for Engagement
Cadette (6-8)	60 minutes	Caregiver involvement in offline activities and assistance logging into meetings is optional.	<ul style="list-style-type: none"> ● Allow space for girls to share their interests ● Provide a channel for girls to reach out directly and ask for support or clarification ● Summarize instructions verbally and put complete text on screen for girls to refer to. Consider giving girls short passages to read on their own time. ● Delegate portions of meeting for girls to lead.
Senior (9-10)	60-90 minutes	Girls can manage their online troop experiences, asking for assistance when needed.	<ul style="list-style-type: none"> ● Give girls more responsibility for their role in meetings ● Design “what if” scenarios and give girls space to imagine, hypothesize and share their perspectives ● Delegate meetings for girls to lead.
Ambassadors (11-12)	60-90 minutes	Girls can manage their online troop experiences, asking for assistance when needed.	<ul style="list-style-type: none"> ● If necessary to accommodate busy schedules, consider changing to a quarterly meeting to socialize and share experiences ● Design “what if” scenarios and give girls space to imagine, hypothesize and share their perspectives ● Delegate meetings for girls to lead

Troop Finances

Online meeting platforms are sometimes free, but often not. You may feel you want to upgrade to a paid platform to better serve your meeting activities.

- It is entirely appropriate to utilize troop funds or dues to pay for the online platform that makes troop meetings possible.
- Consider partnering with a sister troop to split the cost and setting up a meeting schedule so you do not overlap.
- If a family in the troop is willing to allow the troop to use their paid platform, that is also an option.



Online Safety

With girls online more than ever, it's important that volunteers do what they can to make sure the virtual meeting space is secure and safe for everyone.

Communicate Expectations

- Set expectations up front with girls and caregivers about appropriate behavior during virtual meetings which can include but not be limited to: language, appropriate dress, using first names only, complying with the [Girl Scout Internet Safety Pledge](#), etc.
- Ensure girls complete the [Girl Scout Internet Safety Pledge](#) before their first virtual meeting.
- Review the [Virtual Meeting Safety Activity Checkpoints](#) with girls.
- Notify caregivers when you will need their support and how. While adult participation is not required, let them know it is appreciated, especially as you navigate these new circumstances together.
- Make sure everyone in the troop, and their supporting adults, knows how you will be communicating with them. Without in-person meetings, it can be easy for people to get left in the dark.
 - ▶ Use a private community/social/group space to communicate information, share photographs (if permissions allow), have conversations, share files, etc.
 - ▶ Use a group text app to send out quick changes or reminders.
 - ▶ Use email for private communication or longer, in-depth information that comes with multiple attachments.
- Ask the families in your troop NOT to share your virtual meeting invitation with anyone outside the troop, especially not in a public forum or on social media.



In-Meeting Safety

- If you are using Zoom, or another platform with the “lock” functionality, consider “locking” your meeting once all expected attendees have arrived. This will prevent anyone else from joining your meeting until you “unlock” it.
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- Utilize the waiting room, so you can let in only the names you recognize.
- If there is an unexpected attendee, promptly remove them by (as the host) opening the participants tab, finding their name, and selecting “Remove”.
- If you are utilizing breakout rooms, we encourage you to have at least two Girl Scout volunteers in each room with the girls.
- Make sure all virtual or physical backgrounds are appropriate (no offensive language, images, nudity, etc.)

Zoom

As the Troop Leader, it is ultimately your decision which video platform you choose to use for your meetings. We have outlined here the functionality of Zoom, which is what we use for council-sponsored events.

The Basics

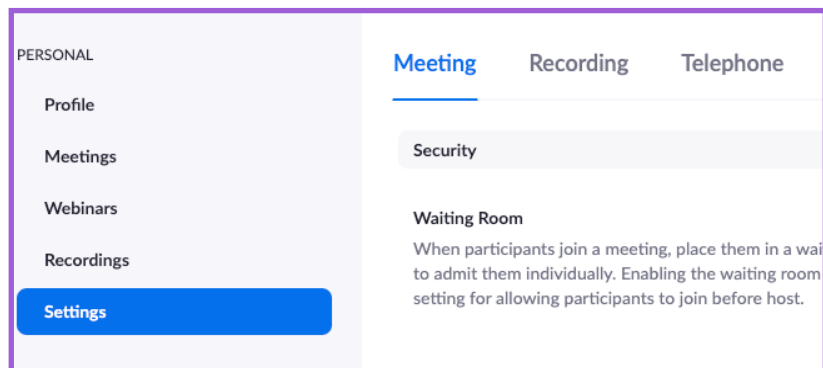
Access Zoom

- Go to www.zoom.us
- Choose the plan you want to download. The free version allows up to 100 people in your meeting with a maximum duration of 40 minutes.
- You have the option to download the application to your computer, or access it from your browser.
- Create your account.



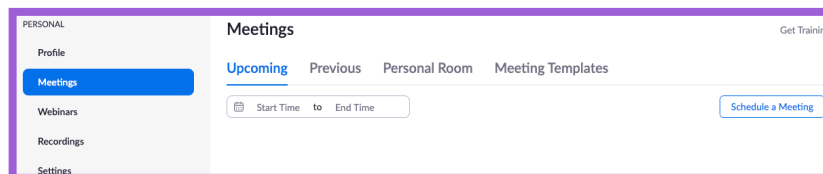
Personalize Your Settings

- From www.zoom.us go to **“My Account”**
- Under **“Profile”**, you can change how you would like your name to appear (i.e. “Troop Leader Sally”, or “Troop Volunteer Mary”), your photo (this will appear on screen when your camera is turned OFF), your time zone, etc.
- Under **“Settings”**, you can make adjustments to your meeting default settings. For example, you can require a password to enter your meetings (recommended), enable a waiting room (so you can let people into the meeting when you’re ready), enable or disable private and public chat during your meeting, give permission for others to share their screen, and more.



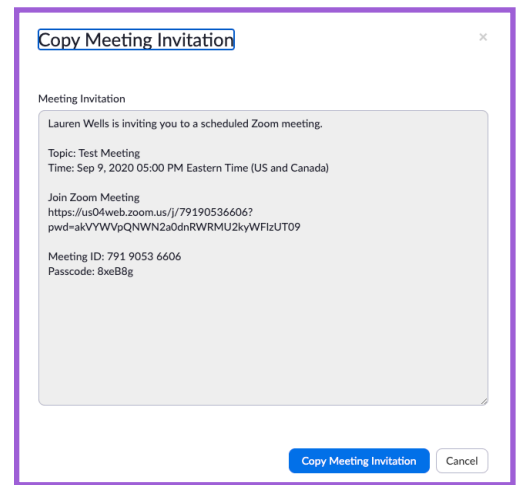
Schedule A Meeting

- Under **“Meetings”**, you will see your schedule of meetings. If this is a brand new account, you won’t see any meetings until you select **“Schedule a New Meeting”**.
 - ▶ The dialogue box that appears will allow you to enter your meeting name (i.e. Girl Scout Troop 1234 Meeting), date, and time. If you want your meeting to occur regularly, you can select the checkbox that says **“Recurring Meeting”**. From there, you’ll be able to set up future meetings with the same title and time on a weekly, monthly, or custom basis.
 - ▶ The meeting settings you indicated on the **“Settings”** tab should appear automatically under Meeting Options. You can change them for this meeting, if you need to.
 - ▶ Save your meeting.
 - ▶ If you need to change the details of the meeting at any point, you can do so by going under **“Meetings”** > Select the meeting you want to edit > **“Edit This Meeting”**.



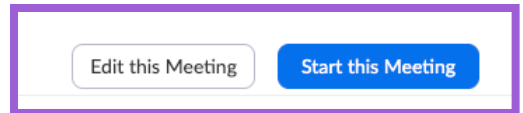
Invite People to your Meeting

- Under “**Meetings**”, select the meeting you want to invite others to.
- There should be a section called Invite Link. Select “**Copy Invitation**”.
- Highlight and copy the invitation text.
- Paste into a new email and send to your Troop contacts.



Starting your Meeting

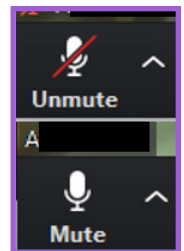
- Under “**Meetings**”, select the meeting you want to start.
- Click on “**Start This Meeting**”.



In-Meeting Functions

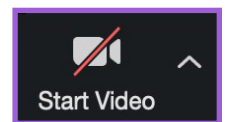
Mute

- In the bottom left hand corner of your screen, you should see a microphone icon. Click on this to mute yourself, or unmute. When you are muted, no one in the meeting can hear you.
- Best practice is to encourage girls to mute themselves when someone else is speaking to eliminate background noise or feedback.



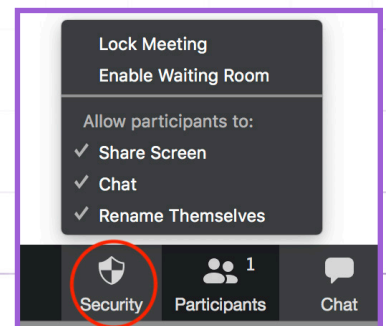
Start Video

- Also in the bottom left hand corner is a video camera icon. Click on this to turn ON or OFF your video. When your video is on, people in the meeting can see you. When it is off, they cannot see you but may still be able to hear you if you are unmuted.



Security

- The first icon in the bottom-center of your screen will be a shield.
 - ▶ **Lock** – Once everyone invited to the meeting has arrived, you can select this to “Lock” your meeting, which prevents anyone else from joining, giving you an extra level of security.
 - ▶ **Enable waiting room** – From the live meeting, you can toggle the waiting room on/off. This is helpful if you don’t want to be interrupted by late-comers, you can enable the waiting room and then let them in when you’re ready.
 - ▶ From the Security icon, you can also adjust your participants abilities to share their screen, use the chat function, rename themselves, or unmute themselves. You might need to use these if you have issues keeping your girls on task.

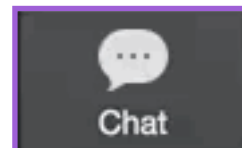
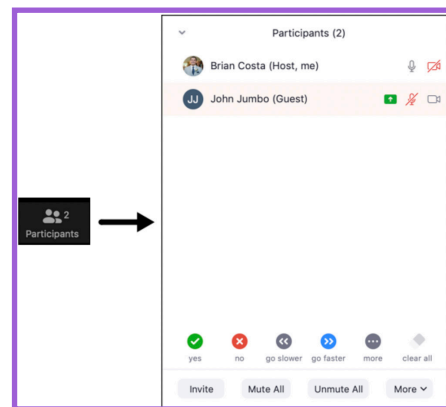


Participants

- Clicking on the “Participants” icon, which looks like two people, will bring up a list of the people in your meeting. From here, you can mute participants & invite new participants while the meeting is in session.

Chat

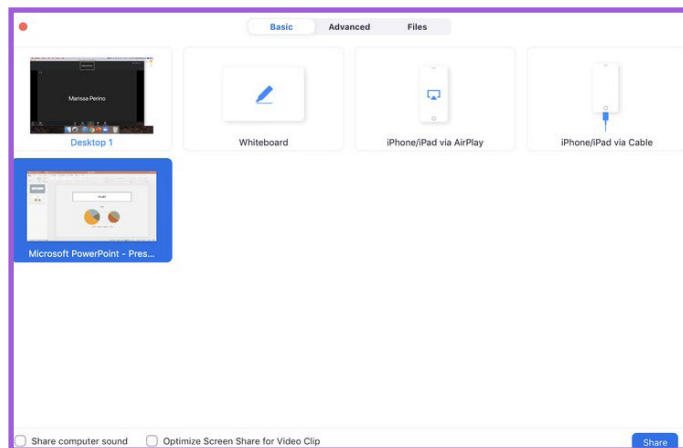
- In the chat log, participants can post questions, comments, etc. To the entire group, to one individual person on the meeting, or to the host only. If you don’t want to allow girls to message each other privately, you can disable that feature in Settings prior to the meeting.
- You can also upload files to the chat for everyone to open/access. This is helpful if you want to post an agenda, meeting resources, handouts, etc.



***Leader Tip:** Have one co-leader to talk and present, while the other co-leader keeps an eye on the waiting room and the chat. It can be difficult to talk and manage all the other details at the same time. With older girls, you can ask one of the girls to be in charge of this at the meeting.

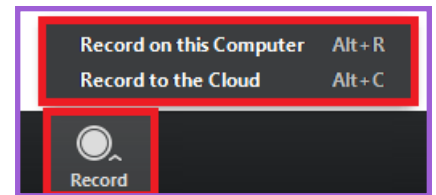
Screen Sharing

- When you click on the “**Share Screen**” Icon in the bottom center of your screen, a dialogue box will appear with all of the available tabs or applications you have open. From there, you can select which one you want to share with the group.
 - ▶ Note that if you share your entire screen (and not just your browser or application), girls will be able to see everything on that screen. It’s recommended that you close anything that you may not want them to see (email notifications, text notifications, etc.).
 - ▶ In the bottom of the dialogue box, you also have the option to share your computer’s sound or optimize your screen share for a video clip. Both of these options are useful when sharing videos with the group. Sharing your sound is useful for dance parties or listening to music together.
 - ▶ **Whiteboard** – Whiteboard is a great tool for interacting with your girls during the meeting. [Skip to Whiteboard section.](#)
- At the top of the dialogue box, there are three tabs. Your screen share options appear on the “**Basic**” tab.
 - ▶ On the “**Advanced**” tab, you can narrow your screen share options to only a portion of your screen, view from a second camera, or only computer sound.
 - ▶ On the “**Files**” tab, you can open a file from one of the following applications: Dropbox, Microsoft OneDrive, Google Drive, or Box.
- When you’ve selected the screensharing options you want, click “**Share**”. Now, participants are able to see your screen. For you, the screen they are seeing is highlighted with a green border. You will also see a green bar at the top of your screen that says “You are Screen Sharing”. From there, you have the option to “**Stop Share**”.



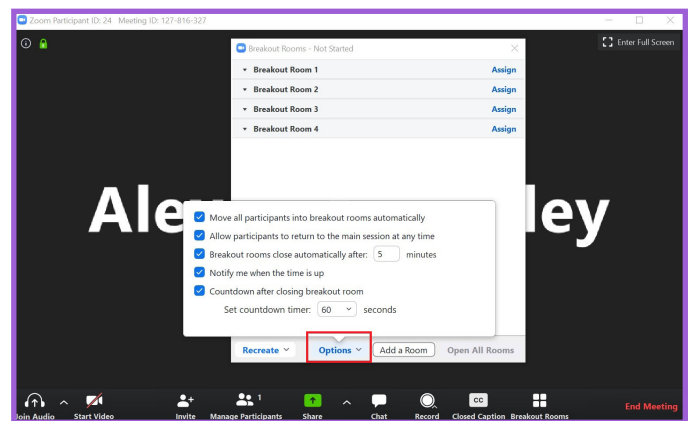
Record

- You can record your entire meeting, or a portion of your meeting, using the **“Record”** icon. When you’re ready to start recording, press the **“Record”** button.
 - ▶ When recording, the **“Record”** button will turn into a **“Stop/Pause Recording”** button. Use this as needed.
 - ▶ Recordings are available as video files in your zoom account after the session has ended.
 - ▶ It is important that you notify all meeting attendees if a meeting will be recorded. In addition, recording content like music, videos, films, etc. and distributing can be in violation of copyright laws.



Breakout Rooms

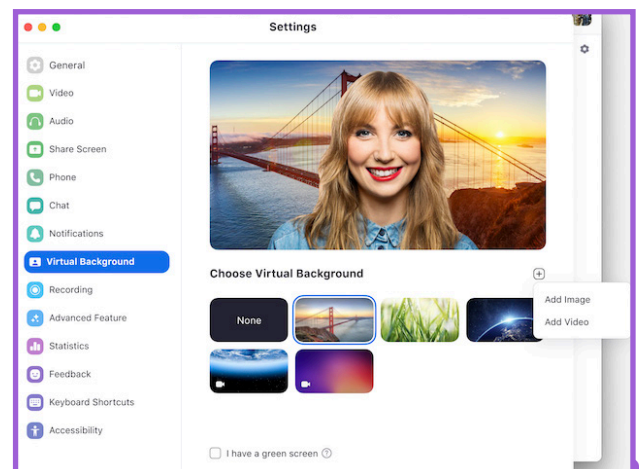
- If you have a large troop, or a multi-level troop, you may find yourself wanting to break into smaller groups for specific activities. The Breakout Rooms option allows you to do so.
 - ▶ Clicking on the **“Breakout Rooms”** icon (you will only see this icon if you have Breakout Rooms enabled in your Settings) will prompt a dialogue box. This dialogue box will ask how many breakout rooms you need. It will also give you the option to assign participants to breakout rooms automatically, or let you assign participants manually. Both are handy options!
 - ▶ Select **“Create Breakout Rooms”**. The next dialogue box will allow you to make changes to your rooms, name rooms, add more rooms, etc. You can also click on **“Options”** to set a timer for your breakout rooms (I.e. if you want to give girls 5 minutes in their breakout room to discuss their work), change the settings on when participants can return to the main room, etc.



- When you’re ready to breakout, click the **“Breakout Rooms”** icon.
- Just like an in-person Girl Scout meeting, Girl Scout should not be left unsupervised. If possible, we recommend assigning at least two Girl Scout volunteers per breakout room.

Virtual Backgrounds (Recommended for Juniors and Above only)

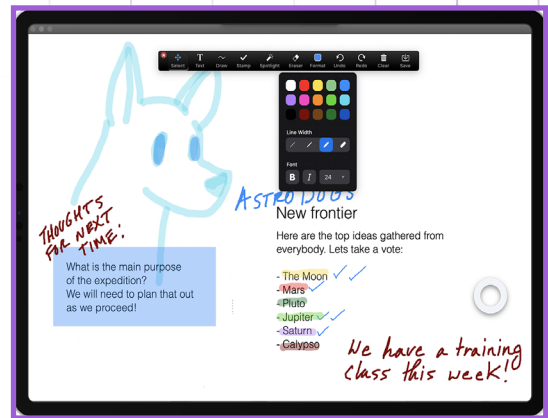
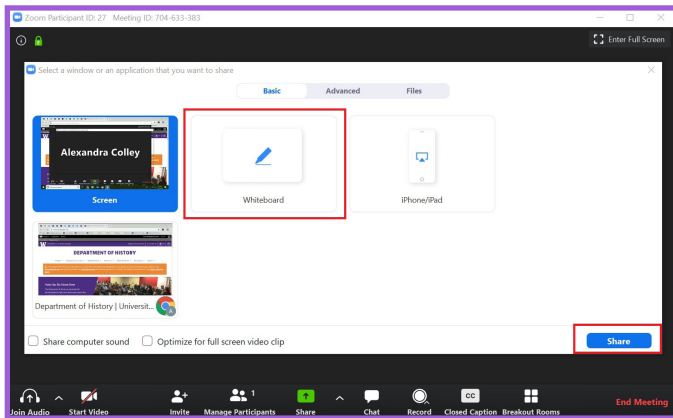
- To enable a virtual background, you must open Zoom from the desktop app and go to **“Settings”** > **“Virtual Background”**. From there, you can choose one of the default backgrounds, or upload your own.
 - ▶ You may be notified that you need specific hardware (like a green screen), but try it anyway. It works best if your physical backdrop is a solid colored wall. Some backgrounds work better than others.
 - ▶ In a meeting you can switch your virtual background ON and OFF using the small upward arrow on the **“Stop Video”** icon.



Interactive Functions

Whiteboard

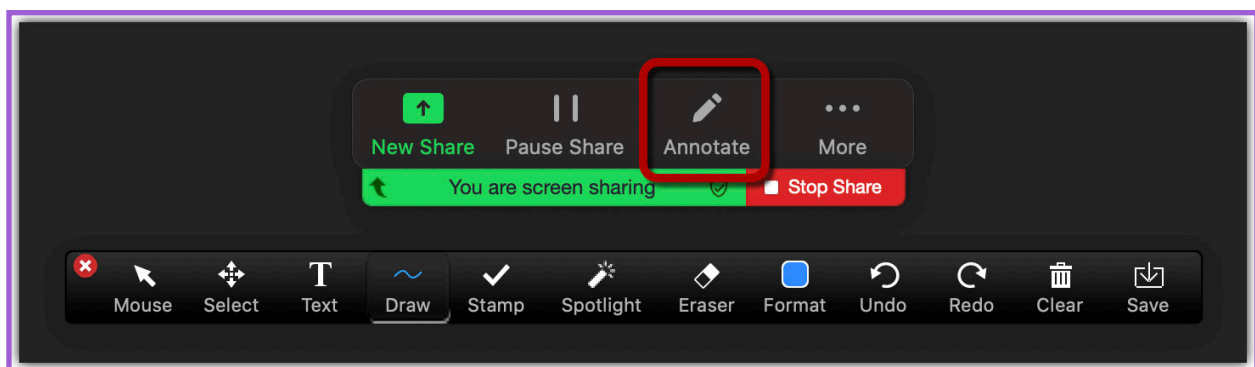
- The whiteboard options gives you the opportunity to work as a group and collect answers/feedback from girls during a meeting. Open the whiteboard by selecting **“Share Screen”** > **“Whiteboard”**. Once the whiteboard is open, you and your participants will have a toolbar at the top of your screen that allows you to add text, draw, stamp, erase, etc.
 - ▶ Be aware that everyone can see what is on the whiteboard.
- When you’re finished using the whiteboard, you can stop sharing your screen. If you want to save the whiteboard, click **“Save”** on the toolbar before exiting the whiteboard.



Annotate

- Similar to the whiteboard function, Annotate allows participants to add text, draw, stamp, etc. on your shared screen. This can be useful when you are doing activities like playing a game or voting on a set of images.
- While your screen is shared, you will see a new icon appear in your toolbar called **“Annotate”**. When you select it, another toolbar will appear with the same functions as the Whiteboard (I.e. text, draw, stamp, erase, etc.)
 - ▶ Again, be aware everyone can see what’s is annotated.
- If you want to save the image of your annotated screen, hit **“Save”**.
- When you’re ready to remove the annotation, clear and click the **“Annotate”** button again to remove the toolbar. Or, if you’re done sharing your screen, you can just **“Stop Share”**.

***Leader Tip:** Once younger girls find the drawing tool, they often want to start drawing on everything you present. Consider disabling the annotate tool until you’re actually ready for them to draw.



Stay in the Loop

In addition to this guide, Girl Scouts of the Chesapeake Bay is committed to continuing to communicate with our volunteers frequently and on a variety of mediums, in order to keep you “in the loop” on our virtual and in-person offerings.



Email

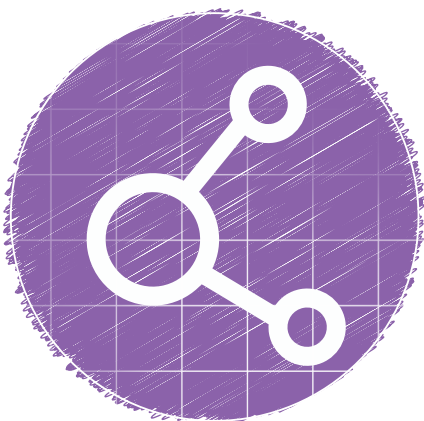
If you do not receive the monthly Troop Leader Essentials emails from Girl Scouts of the Chesapeake Bay or from your Volunteer Support Specialist, you may have opted out of emails in the past. If you would like to opt back in, please contact our Member Care team at 800-341-4007 or MemberCare@cbgsc.org for assistance.



Social Media

We encourage you to follow Girl Scouts of the Chesapeake Bay on our social media accounts (**Facebook**, **Instagram**, **Twitter**, and **LinkedIn**), as we often post updates about upcoming events and programs you may be interested in sharing with your troop.

Additionally, we have launched our **GSCB Leader’s Lounge** Facebook group, where you can go to get leader-specific updates and information. This group is limited to leaders and co-leaders only.



GSCB.org

We encourage our volunteers to visit our website often. There, you can browse **Volunteer Essentials** or **Troop Leader Central** for support leading your troop. We also post COVID-19 specific resources there.

For ideas and inspiration of activities you can share with your girls, or incorporate into a virtual meeting, visit our **GSCB at Home** page.

Lastly, invite your girls to participate in council-wide virtual events in addition to your meetings. You can find virtual event offerings on our **Events List**.



Planning a Virtual Bridging

Bridging is an exciting celebration for Girl Scouts to reflect on their year and to look forward to the next. It celebrates the progression from one program level to the next. Even if your troop is not meeting in-person, you can still embrace the tradition of hosting a bridging ceremony.

Before planning a virtual ceremony, make sure hosting virtual will be an inclusive experience for all girls and families (consider access to internet, technology, girls with disabilities, etc.). If not, consider postponing your event until you can safely celebrate in person.

Even if your troop isn't bridging, or you have some girls that are bridging and some that aren't, celebrating their accomplishments at the end of the year is fun and memorable event for everyone. Here are some tips to make your virtual event successful:

- Choose a platform (like Zoom) that you are familiar with, and ensure you have a reliable internet connection.
- Consider coordinating drop off or picking up of items in advance (pins, awards, badges, insignia, gifts etc.). You can even make a celebration out of it and include balloons, confetti, drop-off parade etc.
- Make it girl-led. Involve girls in the planning of the event and give them plenty of room to express their creativity and individuality. If girls will be performing or speaking during the event, we strongly encourage hosting a rehearsal ahead of time.

During the event, try out these activities:

- You or the girls can make a slideshow with photos from your year, images of badges they earned, favorite memories, etc.
- Have a candle ceremony with battery operated candles.
- Sing your favorite songs together, or encourage girls to teach their family/friends their favorite song.
- Girls showcase new skills with a talent show.
- Have each Girl Scout create a special award for a fellow troop member (i.e. Best Sing-a-long Leader, Most Likely to Go Camping, Best at Community Service Projects) and present them.
- Girl Scouts share a letter they wrote to their future Girl Scout self

Additional End-of-Year ideas: Write letters to a younger troop sharing the fun and exciting things they have to look forward to in your program level, plan a summer activity together for your troop, make plans to use your cookie proceeds, or throw a Girl Scout dance party!



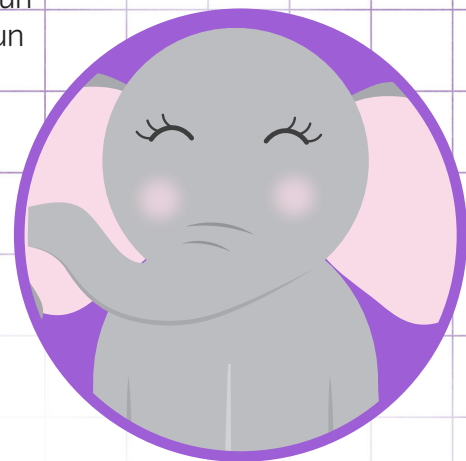
May-June Activities

Whether things are winding down for your troop or you're planning to keep the fun going all summer long, you can keep your virtual meetings exciting with these fun activities.

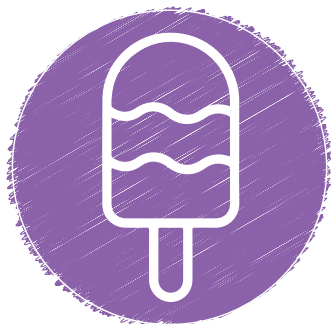
Be Unforgettable - Renew your troop!

The time to commit to another amazing year of Girl Scouts is here. Early Bird renewal ends June 30th. Don't delay on meeting with parents to explain the renewal process and incentives. Our Early Bird theme this year is "Be Unforgettable" and our mascot is an elephant! You can get in the renewal spirit with your Girl Scouts by planning some ele-PHUN activities from our [Renewal page](#) together (in person or virtually!).

- Still unsure what to do with cookie proceeds? Use them to renew your Girl Scouts! This takes the financial burden off of parents and ensures all girls in your troop renew in time to receive the Be Unforgettable patch and membership discount.
- Our May and June calendar is stacked with virtual events you can attend as a troop, or just pass along to your girls to do on their own. Check out our [Event calendar](#) and get registered!



Think Virtual



Plan a Virtual Mothers Day/Fathers Day Ice Cream Party

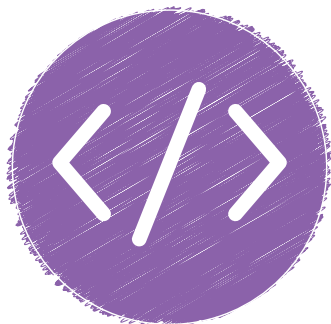
Encourage girls to plan the activities or topics of conversation, and have each family set up in front of their computer with their favorite ice cream or dessert. Perhaps you can host some contests like "Largest sundae, more unusual toppings, best name for your ice cream creation, etc.". If there are girls without mothers/fathers, ask them to bring a grandmother/grandfather, aunt or uncle, family friend, or another special person in their life.



Decorate with Story Orbs

Ensure each girl has 10 slips of colored paper and a pen. Write a 10 line story together (each girl contributes a line), or have each girl write her own story. Share the stories, then have each girl transform her story into a story orb using brad pins. Check out the instructions [here](#). Instead of a story, adapt it to what your troop is working on: 10 ways you can protect the environment, 10 things you like about yourself, etc.

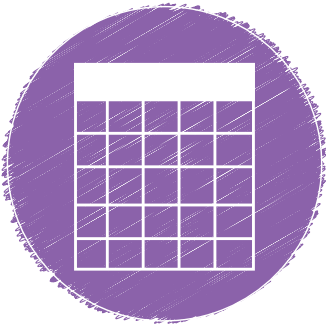
*You could tie this in to **Brownie My Family Story, Junior Scribe, Cadette Screenwriter, Senior Novelist**, or more if you adapt the activity.



Code Together

Try out a free coding game together. You manage the input commands while letting the girls make the decisions. Try [Blockly: Maze](#), or a free online game of your choice.

*Make this activity part of any of the **Coding For Good** badges at all levels.



Play Outdoor BINGO

June is The Great Outdoors month. Challenge girls to get outdoors and work on [Pollinator BINGO](#) or [Spring Seek-and-Find](#). Then, come together virtually to discuss what they saw. Another option is connect using mobile phones while exploring their backyard or a local park and seeing who can get BINGO first.

*Looking to meet badge requirements? **5 Flowers, 4 Stories, 3 Cheers for Animals and Between Earth and Sky Journies, Brownie Bugs, Brownie Eco Friend, Brownie Outdoor Adventurer, Junior Animal Habitats, Junior Flowers, Senior Eco Explorer,**



Cinco De Mayo Fiesta

Discover the history of the Mexican holiday Cinco De Mayo and celebrate with your troop. At your meeting, [learn a traditional mexican folk dance](#) together, eat tacos (or make a [Taco S.W.A.P!](#)), [color in your own piñatas](#), and watch [this short video](#) about Cinco De Mayo.

*This activity could be used towards the **Brownie A World of Girls Journey, Brownie Celebrating Community, and Cadette New Cuisines.**



Minute-to-Win-It Challenge

Put together some minute-to-win-it kits and coordinate pick-up/drop-off with your girls ahead of time. At your meeting, host a competition to see who is the minute-to-win-it master of your troop! Check out these [minute-to-win-it game ideas](#). Make it girl-led by asking girls to come up with the minute-to-win it games or having them run the competition on their own.

*Looking to meet badge requirements? Tie this activity in to **Daisy Honest and Fair Petal, Brownie Making Games, Brownie Fair Play, Cadette Field Day, Senior Game Visionary, Ambassador Coaching.**



Doll First Aid

Start your First Aid badge together virtually. Ask each girl to bring a doll or teddy bear to the meeting with them, then teach girls how to treat dolls for a cut, an animal bite, a burn or a sprained finger. You might even consider asking a parent or person you know who is a medical professional (nurse, doctor, EMT, etc.) to be a guest speaker and talk about their jobs and ways girls can practice First Aid. If possible, coordinate pick-up/drop-off of first aid supplies to each girl ahead of the meeting, then assemble your first aid kits together.

*This activity could be used towards any of the **First Aid badges.**

Service Projects

The world needs good right now, and your troop can do good, even if you can't be together. Try one of these service projects at your next virtual meeting:

- Create and send “Thinking of You” cards to local nursing, assisted living, or group homes. Many people who live in these facilities haven't been able to see friends or family in months. Your girls can brighten their day with a note to say they are thinking of them.
- Make fleece or no-sew blankets for the homeless or pet beds. There are plenty of tutorials online for creating no-sew blankets/pet beds. If you can get the materials delivered to your girls, work on this project together over a virtual meeting.
- Virtual “read-with-a-senior”. Your girls can get connected to a senior citizen and read to them, or have the senior read to the girl. You may not be able to do this at your meeting, but you can chat about the experience together afterwards. Find out how girls can get connected at [Storiitime](#).

Let's Work Together!

We're figuring out this new landscape right along side of you and working to create resources that make transitioning to virtual Girl Scouting easier. As volunteers who are actually facilitating this programming, your feedback and ideas are incredibly valuable in that process.

Did you find this guide helpful? Is there anything you would change, or advise, based on your experience leading virtual troop meetings? Are there additional frustrations, confusions, or points of clarification around meeting virtually that we missed? Share your feedback to MARCOMM@cbgsc.org.

Have you done a virtual activity with your troop you want to share with other GSCB volunteers?

Please send it, or any additional resources you think would be helpful to your fellow volunteers, to MARCOMM@cbgsc.org so we can add it to next month's issue.

Thank you for your resilience, adaptability and dedication to helping Girl Scouts of the Chesapeake Bay deliver the Girl Scout mission to girls across the Delmarva Peninsula!

