

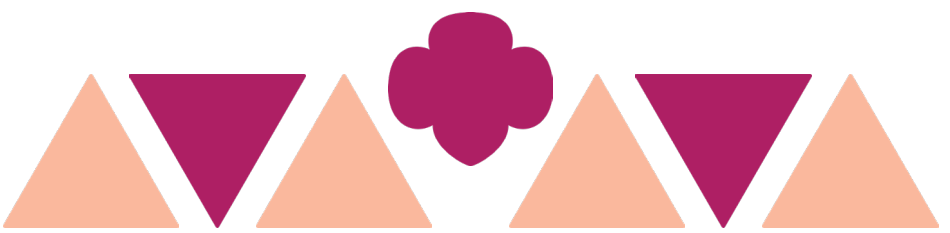
Blueberry Ice Cream

Materials:

- Frozen Blueberries
- Milk- any kind- Soy, Oat or Regular!
- Optional toppings- Chocolate chips, whip cream, sprinkles, etc.

Want to tie this into a badge?

- Brownie Snacks
- Junior Meals
- Cadette New Cuisines
- Senior Locavore
- Ambassador Dinner Party



Did you know a cow gives enough milk to make 2 gallons of ice cream per day? Another fun fact- 9% of the milk produced by cows is used to make ice cream!



Steps:

1. Place your blueberries in the freezer so they freeze overnight. You can also use pre-packaged blueberries that are found in the freezer section of the grocery store.
2. Put your frozen blueberries into a bowl.
3. Pour your cold milk on top of your blueberries.
4. Stir, and watch as the milk becomes solid like ice cream.
5. Dig in and enjoy!