

# Get Ready for Overnight Camp



**Label everything with camper's first and last name**

## Clothing

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Pajamas x2      | <input type="checkbox"/> Tops x6                                 | <input type="checkbox"/> Watershoes        |
| <input type="checkbox"/> Socks x7 pair   | <input type="checkbox"/> Extra pair of sneakers/<br>hiking boots | <input type="checkbox"/> Swimsuit x2       |
| <input type="checkbox"/> Underclothes x6 | <input type="checkbox"/> Hat/bandana                             | <input type="checkbox"/> Swimming Towel x1 |
| <input type="checkbox"/> Shorts x6       | <input type="checkbox"/> Raincoat                                |  |
| <input type="checkbox"/> Pants x1        |  |  |

## Toiletries

- |                                      |   |  |
|--------------------------------------|---|--|
| <input type="checkbox"/> Soap        | <input type="checkbox"/> Hair Brush/comb    | <input type="checkbox"/> Shower shoes (flip flops)       |
| <input type="checkbox"/> Shampoo     | <input type="checkbox"/> Deodorant          | <input type="checkbox"/> Bag to carry items to<br>shower |
| <input type="checkbox"/> Conditioner | <input type="checkbox"/> Menstrual Products |  |
| <input type="checkbox"/> Toothpaste  | <input type="checkbox"/> Chapstick          |  |
| <input type="checkbox"/> Toothbrush  | <input type="checkbox"/> Shower Towel x1    |  |

## Bedding

- |                                       |   |
|---------------------------------------|---|
| <input type="checkbox"/> Sleeping Bag | <input type="checkbox"/> Pillow         |
| <input type="checkbox"/> Sheet        | <input type="checkbox"/> Stuffed Animal |

## Miscellaneous

- |                                       |   |   |
|---------------------------------------|---|---|
| <input type="checkbox"/> Day pack     | <input type="checkbox"/> Flashlight         | <input type="checkbox"/> Fan (battery or<br>rechargeable) |
| <input type="checkbox"/> Water bottle | <input type="checkbox"/> Extra batteries    |   |
| <input type="checkbox"/> Sunscreen    | <input type="checkbox"/> Playing cards      |   |
| <input type="checkbox"/> Bug Spray    | <input type="checkbox"/> Letters and stamps |   |

## Packing Tips

- Put each day's clothes in a gallon bag and label M, T, W, TH, F, Extra.
- Pack a bag specifically for your camper's dirty clothes after wearing them. Mesh/breath is the best.
- Place your pillow in a trash bag to keep it safe from any dust and dirt during transport to your sleeping area.
- If you are coming to camp with a buddy or a sibling, please be sure to bring your own bug spray and sunscreen.
- Have your camper pack her own bag (or pack the bag with you) so she knows exactly what she brought to camp and where to find it
- Consider packing a lantern or battery-operated string lights to light up your tent/ adirondack and make it homey.

## Sunscreen

- Send enough sunscreen and insect repellent each day. Campers will be instructed to put on sunscreen throughout the day.
- Campers that are sensitive to the sun should wear hats, sleeved shirts and a swim shirt for water activities.
- Staff will encourage the use of sunscreen but will not apply the sunscreen.

## **What NOT to Bring**

Please note that any material which we perceive as inappropriate for camp will be held in the office until the end of the week or when arrangements have been made for the guardian to pick up. GSCB is not responsible for lost, stolen or damaged items. The use or possession of cigarettes, alcohol, drugs, knives, guns, or other weapons will result in immediate dismissal from camp. The guardian is responsible to pick up camper within 3 hours.

- Personal sports equipment
- Jewelry or other valuables
- Pets
- Weapons
- Aerosol products

You may have noticed that phones and other electronic devices have been removed from the 'What not to bring' list. We understand relationships with electronic devices has changed over the years and GSCB is open to change! Please be aware that our camps are in rural locations with minimal cell reception, and there are not electrical outlets in the sleeping areas of overnight camp. We will work our campers to prevent the cell phones from being a hinderance to programing and activities. With this, we are asking that cell phones stay in camper's tents during the day. Campers in need of music/sound to sleep must bring headphones as not to disturb their cabinmates. If a phone causes an issue, it will be held for pickup at the end of the week and the camper's family will be notified of the confiscation. GSCB is not responsible for lost or damaged electronic devices.