# **Get Ready for Day Camp**



## Label everything with camper's first and last name.

#### What to Wear

- Comfortable, lightweight clothing and old sneakers or hiking shoes that you do not mind getting dirty
- No open-toed shoes
- Label everything with camper's first and last name

#### What to Bring

- Lunch
- Water Bottle
- Sunscreen
- Insect repellent

- Sweatshirt/jacket/raincoat
- Swimsuit
- Water shoes (or old sneakers)
- Towel
- Menstrual Products

#### **Packing Tips**

• Have your camper pack their own bag (or pack the bag with you) so they know exactly what was brought to camp and where to find it

### What NOT to Bring

- Personal sports equipment
- Jewelry or other valuables

- Pets
- Weapons

Please note that any material which we perceive as inappropriate for camp will be held in the office until the end of the week or when arrangements have been made for the guardian to pick up. GSCB is not responsible for lost, stolen or damaged items. The use or possession of cigarettes, alcohol, drugs, knives, guns, or other weapons will result in immediate dismissal from camp. The guardian is responsible to pick up camper with in 3 hours.

You may have noticed that phones and other electronic devices have been removed from the 'What not to bring' list. We understand relationships with electronic devices has changed over the years and GSCB is open to change! Please be aware that our camps are in rural locations with minimal cell reception, and day campers will not have access to electrical outlets. We will work our campers to prevent the cell phones from being a hinderance to programing and activities. With this, we are asking that cell phones stay in camper's bags during the day. Campers will be able to access their phone and/or music if they are joining us for before/after camp. If a phone causes an issue, it will be held for pickup at the end of the week and the camper's family will be notified of the confiscation. GSCB is not responsible for lost or damaged electronic devices.

Cell phones will not be allowed to be used as cameras during the camp session. Campers are welcome to bring Polaroid cameras, disposable cameras, or digital cameras to document their camp experiences. Campers will receive two warnings to put their phones away before the phone will be confiscated by GSCB staff and locked in the office until pick up. Caregivers will be notified by email if this happens.

#### Sunscreen

- Send enough sunscreen and insect repellent each day. Campers will be instructed to put on sunscreen throughout the day.
- Campers that are sensitive to the sun should wear hats, sleeved shirts and a swim shirt for water activities.
- · Staff will encourage the use of sunscreen but will not apply the sunscreen.