

# Get Ready for Overnight Camp



**Label everything, including masks, with camper's first and last name**

## **Clothing**

- Pajamas x2
- Socks x7 pair
- Underclothes x6
- Shorts x6
- Pants x1
- Tops x6
- Extra pair of sneakers/hiking boots
- Hat/bandana
- Raincoat
- Watershoes
- Swimsuit x2
- Swimming Towel x1

## **Toiletries**

- Soap
- Shampoo
- Conditioner
- Toothpaste
- Toothbrush
- Hair Brush/comb
- Deodorant
- Menstrual Products
- Chapstick
- Shower Towel x1
- Shower shoes (flip flops)
- Bag to carry items to shower

## **Bedding**

- Sleeping Bag
- Sheet
- Pillow
- Stuffed Animal

## **Miscellaneous**

- Day pack
- Water bottle
- Sunscreen
- Bug Spray
- Flashlight
- Extra batteries
- Playing cards
- Letters and stamps

## **Packing Tips**

- Put each day's clothes in a gallon bag and label M, T, W, TH, F, Extra.
- Pack a bag specifically for your camper's dirty clothes after wearing them. Mesh/breath is the best.
- Place your pillow in a trash bag to keep it safe from any dust and dirt during transport to your sleeping area.
- If you are coming to camp with a buddy or a sibling, please be sure to bring your own bug spray and sunscreen.
- Have your camper pack their own bag (or pack the bag with you) so they know exactly what was brought to camp and where to find it.
- Consider packing a battery operated fan and lantern/string lights to light up your tent/ adirondack and make it homey.

## **What NOT to Bring**

Please note that any material which we perceive as inappropriate for camp will be held in the office until the end of the week or when arrangements have been made for the guardian to pick up. GSCB is not responsible for lost, stolen or damaged items. The use or possession of cigarettes, alcohol, drugs, knives, guns, or other weapons will result in immediate dismissal from camp. The guardian is responsible to pick up camper with in 3

- Personal sports equipment
- Jewelry or other valuables
- Pets
- Weapons

You may have noticed that phones and other electronic devices have been removed from the 'What not to bring' list. We understand relationships with electronic devices has changed over the years and GSCB is open to change! Please be aware that our camps are in rural locations with minimal cell reception, and there are not electrical outlets in the sleeping areas of overnight camp. We will work our campers to prevent the cell phones from being a hinderance to programing and activities. With this, we are asking that cell phones stay in camper's tents during the day. Campers in need of music/sound to sleep must bring headphones as not to disturb their cabinmates. If a phone causes an issue, it will be held for pickup at the end of the week and the camper's family will be notified of the confiscation. GSCB is not responsible for lost or damaged electronic devices.

## **Sunscreen**

- Send enough sunscreen and insect repellent each day. Campers will be instructed to put on sunscreent throughout the day.
- Campers that are sensitive to the sun should wear hats, sleeved shirts and a swim shirt for water activities.
- Staff will encourage the use of sunscreen but will not apply the sunscreen.