GSCB's Discover Delmarva Patch

"The great outdoors" can mean different things to different people. We want you to experience the outdoors and try new things, no matter what that means to you! During your journey to earning both sections of the Discover Delmarva patch, you'll explore and appreciate the outdoors while also practicing the importance of preparation.



Look for the star!

For *each* patch, complete the following number of activities to earn:

- Daisies Complete all starred items plus 1 additional item
- Brownies Complete all starred items plus 2 additional items
- Juniors Complete all starred items plus 3 additional items
- Cadettes, Seniors, and Ambassadors Complete all starred items plus 4 additional items





Plan Patch



Learn the 7 Principles of
Leave No Trace. Knowing the 7
principles will ensure you have
an exciting time in the outdoors,
but leave minimal impact behind.
The principles can be applied
anywhere - the deep wilderness,
your local park, even your own
backyard.



Plan your visit to 3 different GSCB properties, state parks, national parks, or community parks. Keep these questions in mind:

- When will you visit?
- How long will your visit be?
- · What will your activities be?
- What is the weather going to be like?
- What is the terrain like?
- What supplies will you need?
- What will you do for meals and disposal of items?

Additional Activities

- ☐ Learn about the parts of a map.
 - · What is the map key?
 - Using the key, find out where the restrooms and first aid are located.
 - Can you identify any trails?
 - Now that you know about the parts of a map, draw your own map of your favorite outdoor location.
- □ Learn about what makes the Delmarva Peninsula unique.
 - What is the history?
 - · What is the largest city and its population?
 - What is the climate?
 - What is the geography?
- Practice your knot-tying skills. How many of the <u>10 Essential</u> Knots for Girl Scouts can you learn?
- □ Learn a camp song.
- \Box Learn the parts of a compass and how to use it.
 - Can you find the following? What purpose does each serve?
 - ▶Base Plate
 - ► Magnetic Needle (sometimes called Red Fred)
 - ► Orienting Arrow (sometimes called the Shed)
 - ▶ Direction of travel

- ▶Ruler
- ▶ Compass Housing
- ► Magnifying Glass
- ► Cardinal Points (North 0/360°, South - 180°, East - 90°, West -270°)
- □ Learn how to pitch a tent.
- □ Learn about 3 different trees and 3 different plants you might find across the peninsula.
- Ask a friend or family member about their favorite outdoor activity on the peninsula.
- □ Create a first aid kit. What are some important items to have on hand? Check out this example.

Visit Patch



Visit 3 different GSCB properties, state parks, national parks, or community parks.

- Use your plans from the Discover Delmarva Plan Patch
- Has anything changed from your original plan that you need to consider?
- How did planning ahead affect your visit?



Learn about the 3 camps or parks you visited. For each property, think about these questions:

- What is the property's name?
- · How did it get its name?
- Is there a significant year in the property's history?
- What are the unique features of the property?



Additional Activities

- □ During your visit, complete a service project or participate in the <u>Girl Scout Tree Promise</u>. Be sure to get permission beforehand.
- □ Learn about the wildlife that calls the property home.
- □ Participate in an outdoor activity on the property (gaga ball, archery, geocaching, etc.).
- □ Draw a picture or write a poem about your favorite location on property.
 - Outdoor Innovator Idea! Find out the longitude/latitude coordinates of the location and incorporate that into your drawing or poem.
- ☐ Take a photo of each color of the rainbow (ROYGBIV) in nature. Remember Leave No Trace and leave what you find!
- ☐ Take a walk or hike. Remember Leave No Trace and walk along the existing paths and durable surfaces.
 - · What do you see?
 - · What do you hear?
 - · What do you smell?
- □ Enjoy a meal outside. Whether you pack a lunch or make dinner over the fire, make sure you are following the <u>Girl Scout Safety Activity Checkpoints</u> and the rules and safety guidelines of the property.



Visit National Parks

Order Your Patches

Visit Delaware State Parks

Visit Maryland State Parks

Visit Virginia State Parks

